

# CHILDREN'S MENU

## MAINS

### **BEEF BURGER 7.0**

Toasted glazed bun, 2oz beef burger, lettuce and tomato sauce. 262 kcal  
+ cheese for 50p *v* 66 kcal

### **SMASHED VEGGIE BURGER 7.0** *vg*

Toasted glazed bun, lentil burger, salsa and lettuce. 232 kcal  
+ vegan cheese for 50p *vg* 64 kcal

### **CRISPY BATTERED FISH GOUJONS 7.0** 200 kcal

### **SOUTHERN FRIED BATTERED CHICKEN GOUJONS 7.0** 186 kcal

### **GRILLED PORK SAUSAGES 7.0** 412 kcal

### **VEGAN SAUSAGES 7.0** *vg* 138 kcal

## ADD YOUR SIDES TO ANY OF THE ABOVE

*One choice from each of the below.*

#### **Side One - choose:**

mashed potatoes *vg* 266 kcal, chips *vg* 323 kcal, fries *vg* 437 kcal or rice *vg* 237 kcal

#### **Side Two - choose:**

beans *vg* 39 kcal or peas *vg* 21 kcal

### **PENNE PASTA IN CLASSIC TOMATO SAUCE 6.5** *v* 264 kcal

Served with grated Cheddar cheese and garlic baguette.

### **CHICKEN KORMA 7.0** 683 kcal

Sliced chicken breast cooked in a creamy coconut sauce,  
served with basmati rice and mini poppadoms.

### **SWEET POTATO & VEGETABLE KORMA 6.5** *v* 448 kcal

Sweet potato and vegetables cooked in a creamy korma sauce,  
served with basmati rice and mini poppadoms.

*v* - vegetarian, *vg* - vegan

*Our allergen information is available on request. Please let your server know if you have any allergies or intolerances. We take steps to minimise the risk of cross-contamination when preparing your food, however, we do not have specific allergen-free zones in our kitchens. It is therefore not possible for us to guarantee separation of all allergens.*

## BUILD YOUR OWN

Choose either a delicious wrap or tasty salad with one of the following::

**Davidstow Cheddar** *v 104 kcal* / **Coronation chicken** *159 kcal*  
**St Ewe egg mayo** *v 144 kcal* / **Atlantic prawns in Marie Rose** *78 kcal*  
**Beetroot falafel** *vg 93 kcal*

### WRAP 7.0

Soft tortilla wraps, filled with crisp lettuce, tomatoes and sliced cucumber. *255 kcal*

### SALAD 7.0

Cucumber, cherry tomatoes, lettuce and carrot batons and French-style dressing. *95 kcal*

## DESSERTS

### VEGAN FRUIT & NUT FLAPJACK 3.0 *vg*

Fruit & nut flapjack served with chocolate sauce and raspberry ripple ice cream. *332 kcal*

### TRIPLE CHOCOLATE BROWNIE SUNDAE 3.0 *v*

Warm triple chocolate brownie topped with vanilla ice cream, mint and chocolate sauce. *341 kcal*

### YOGHURT & FRUIT 3.0 *v*

Cornish natural yoghurt with mixed berries, raspberry coulis and mint. *147 kcal*

### ICE CREAM & WAFER 2.0 *v, vg option 212 kcal*

Vanilla *v 135 kcal per scoop*, chocolate *v 177 kcal per scoop*  
strawberry *v 160 kcal per scoop*, salted caramel *v 193 kcal per scoop*  
banana *v 191 kcal per scoop*, vegan raspberry ripple *vg 106 kcal per scoop*  
raspberry sorbet *vg 112 kcal per scoop*

**We have a separate menu available for guests looking to avoid gluten, please ask your server.**

*v - vegetarian, vg - vegan*

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